

# Learning Toolbox

*for ePosters at AMEE 2025 and ICFDHP 2025*



# What we will cover today

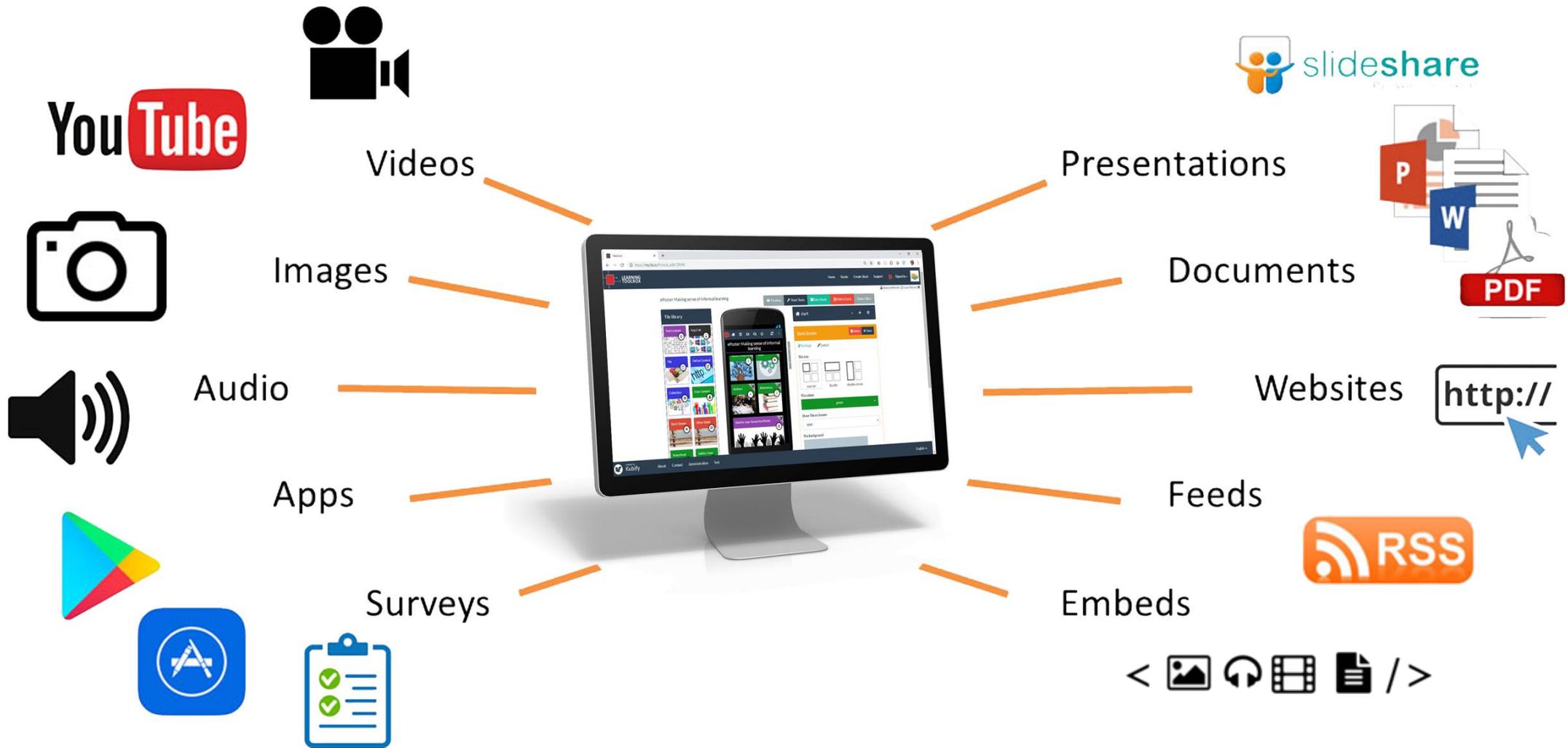
- What is different about a Kubify Learning Toolbox ePoster
- How the ePosters will work at AMEE and ICFDHP
- Creating an ePoster stack
- Further support available
- Deadline dates
- Anything else?

# What is different about a Learning Toolbox ePoster?

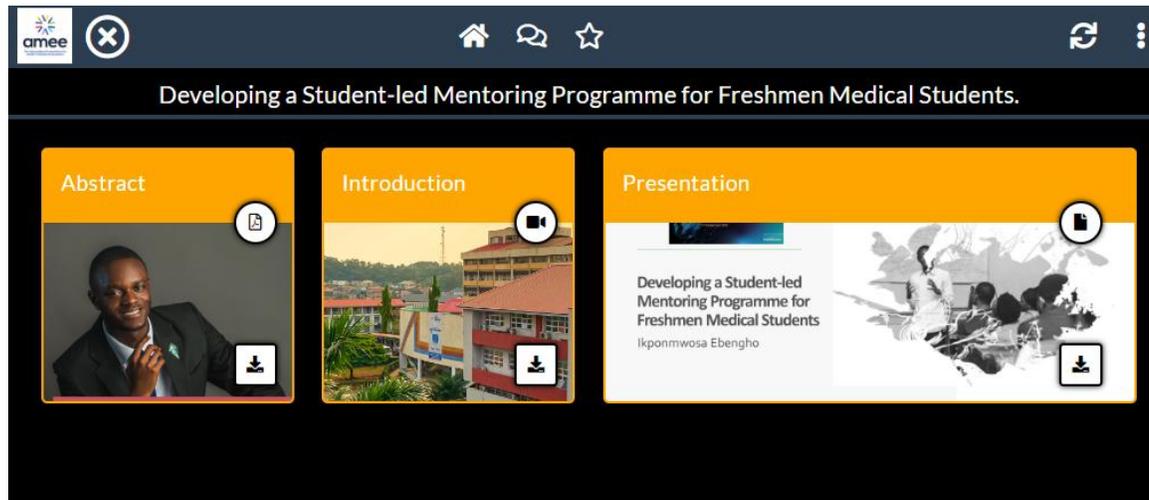
You can add more than just one file or resource.

Learning Toolbox allows you to create a *collection* of materials (a *stack*) to present to and share your work.

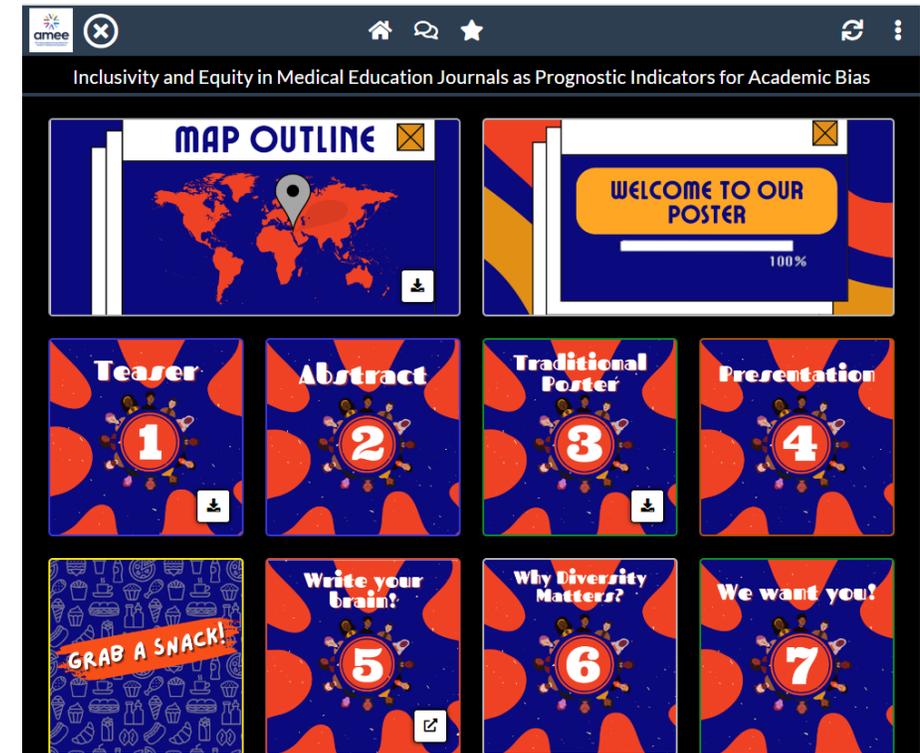
# What can you include?



# Let's look at two previous AMEE ePosters



<https://api.ltb.io/show/BUSVS>



<https://api.ltb.io/show/ABOUF>

# You could choose to include content to:

Present your work and yourself

**Nocturnal whey protein ingestion impairs postprandial glucose tolerance at breakfast**  
UNIVERSITY OF BATH  
Eleanor S. Smith, Emmanuel Adams, Keeley Clayton, James A. Holroyd, Gabriel Polubski, Harry A. Smith, Javier T. Gonzalez, James A. Bellis  
Centre for Nutrition, Exercise & Rehabilitation, Department for Health, University of Bath

**INTRODUCTION**

- Poor postprandial glucose control is a risk factor for type 2 diabetes mellitus, cardiovascular disease and obesity<sup>1</sup>
- The **second-meal effect** describes how initial glucose ingestion improves glucose tolerance at a second meal<sup>2</sup>.
- The most pronounced postprandial glycaemic response typically occurs following the first meal of the day.
- The influence of the carbohydrate and fat content in the first meal have been comprehensively examined<sup>3,4</sup>. The efficacy of protein, however, has received less research attention.
- **Aims:** to examine a novel strategy of nocturnal whey protein ingestion in advance of breakfast, with the hypothesis that this would attenuate the first glycaemic excursion of the day.

**RESULTS**

Panel A:  $p < 0.0001$   
Panel B:  $p = 0.0047$

**DISCUSSION**

This study reveals a paradoxical second-meal phenomenon whereby nocturnal whey protein feeding impaired subsequent glucose tolerance at breakfast.

- The delivery of a large bolus of glyceogenic amino acids at an atypical time of day, when neither required nor expected, may have been disposed of via gluconeogenesis.

WHEY PROTEIN → GLUCOSE

Abstract Authors: Charles Wesley Price, Kochiti Vinaja, Katie Yost, Brandon Holt, David Nahabedian, Melania Crisan  
Contributor: Jessica Holland

Presentation

Introduction

Video

Twitter

LinkedIn

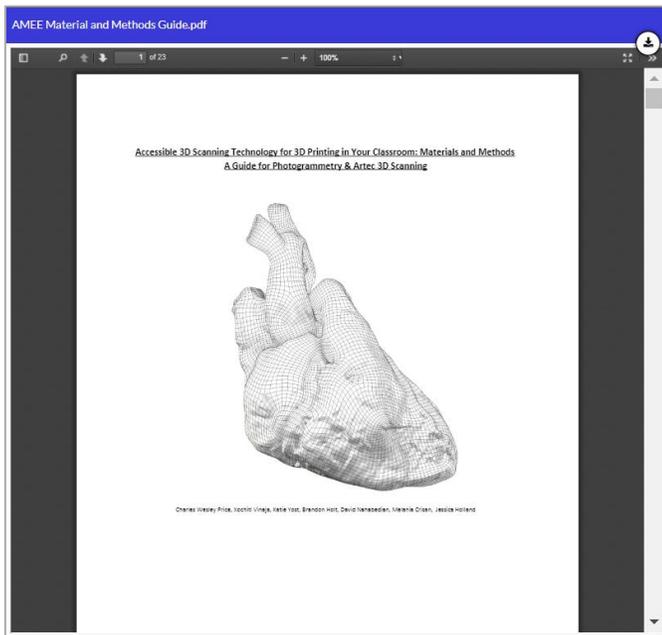
First Author

Senior Author

Profile

# You could choose to include content to:

Provide delegates with background detail...



'How to' guides

**RESEARCH QUESTIONNAIRE**  
**THE SOURCES OF FUNDING TUITION AND EFFECT OF INCREASE IN TUITION ON MENTAL HEALTH OF MEDICAL STUDENT**

Thank you for choosing to participate in this study. The purpose of the study is to assess the effect of increase in tuition fee on the mental health of medical student and to assess the willingness of medical student to take up financial aids. All responses are completely anonymous and confidential.

Signature: \_\_\_\_\_ date: \_\_\_\_\_

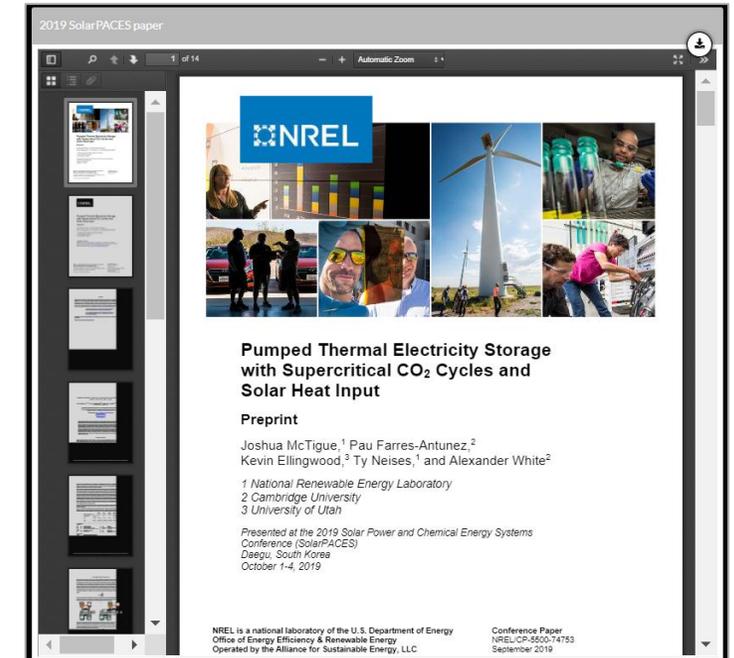
**SECTION A: SOCIO-DEMOGRAPHICS**

- Age (years): .....
- Gender: 1. Male  2. Female
- Current level in school: 1. 400  2. 500  3. 600
- Marital status: 1. Single  2. Married  3. Others(state) .....
- Ethnicity: 1. Yoruba  2. Hausa  3. Igbo  4. Others(specify) .....
- Religion: 1. Islam  2. Christianity
- Number of siblings: .....

**SECTION B: INCOME AND EXPENSES**

- Estimate of family's monthly income (in Naira): .....
- Who pays the school fees (HPTL included): 1. Parent (mother/father)  2. Guardian 3.

Surveys & guidelines  
used in the study



Related papers

# How do people view your ePoster/stack?

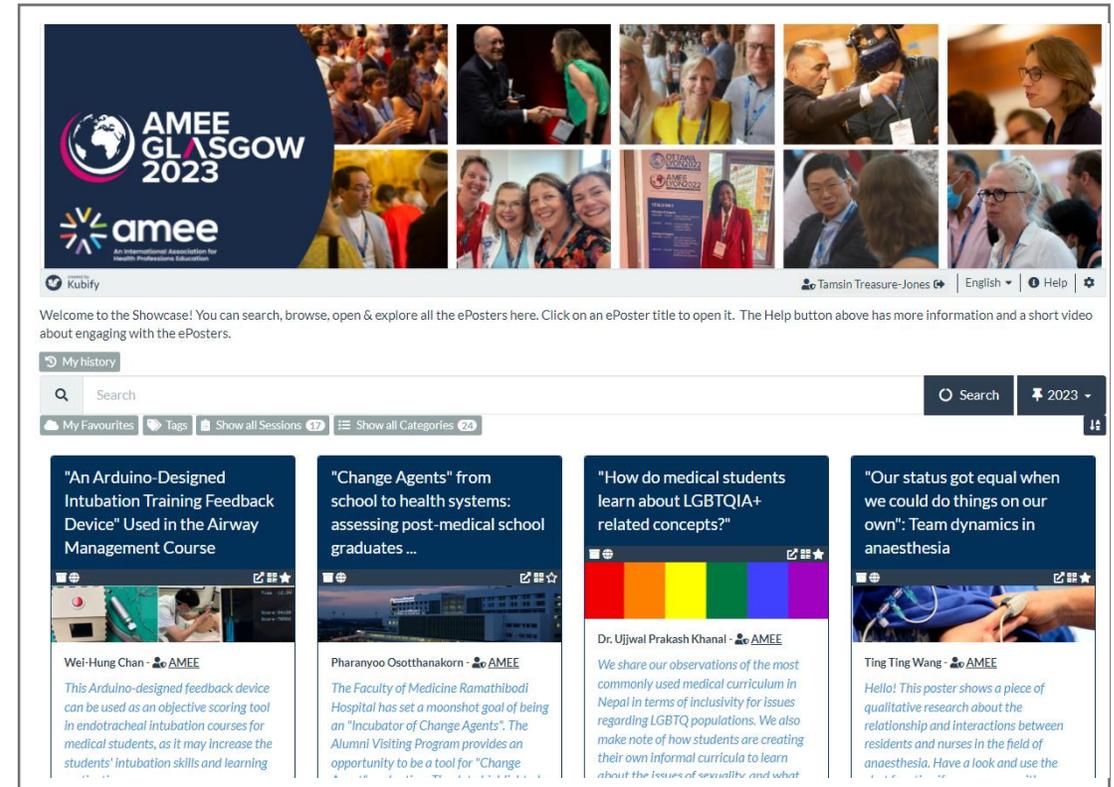


Viewable across platforms/devices – in web browser or app

# Viewing ePosters during the conference

Delegates will have multiple ways to access the ePosters:

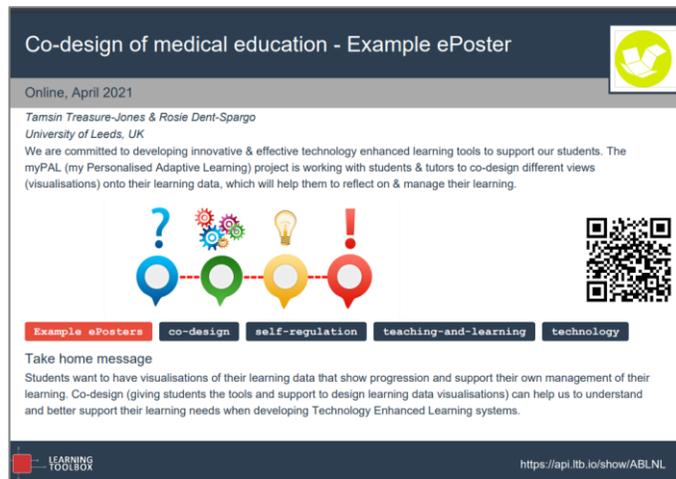
- The showcase websites  
(available through the conference app)



# Viewing ePosters during the conference

Delegates will have multiple ways to access the ePosters:

- The summary poster walls



Summary poster



ePoster

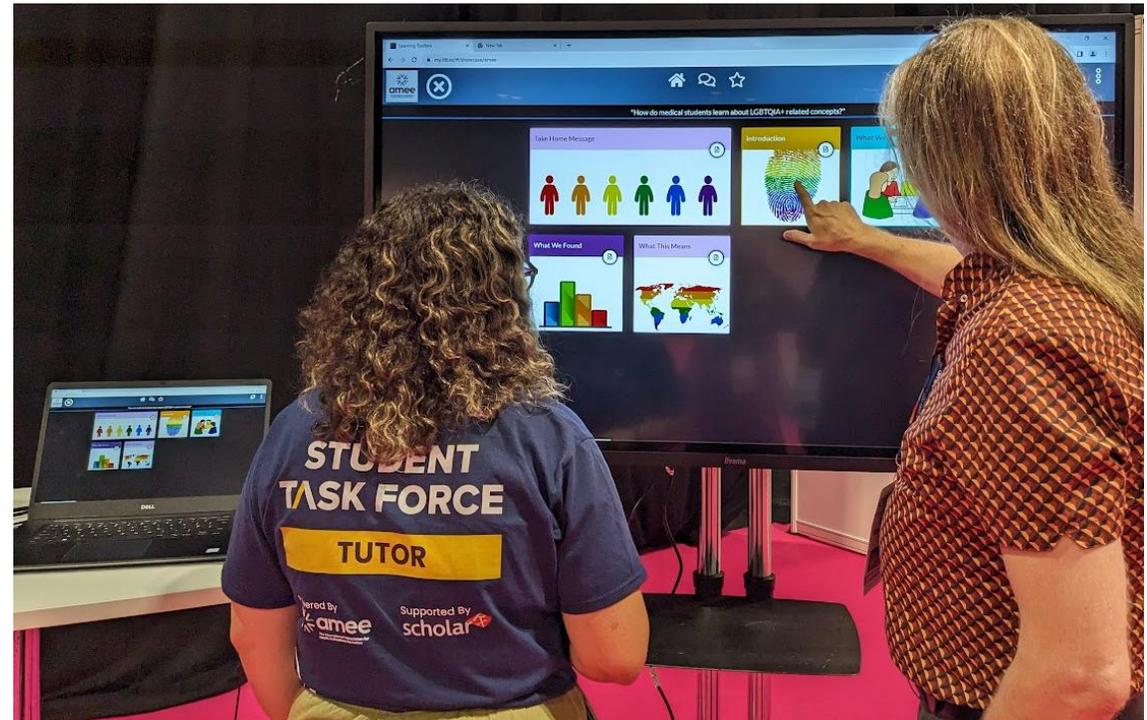


poster walls

# Viewing ePosters during the conference

Delegates will have multiple ways to access your ePosters:

- Onsite screens  
(connected to the showcase)



# Poster in your pocket

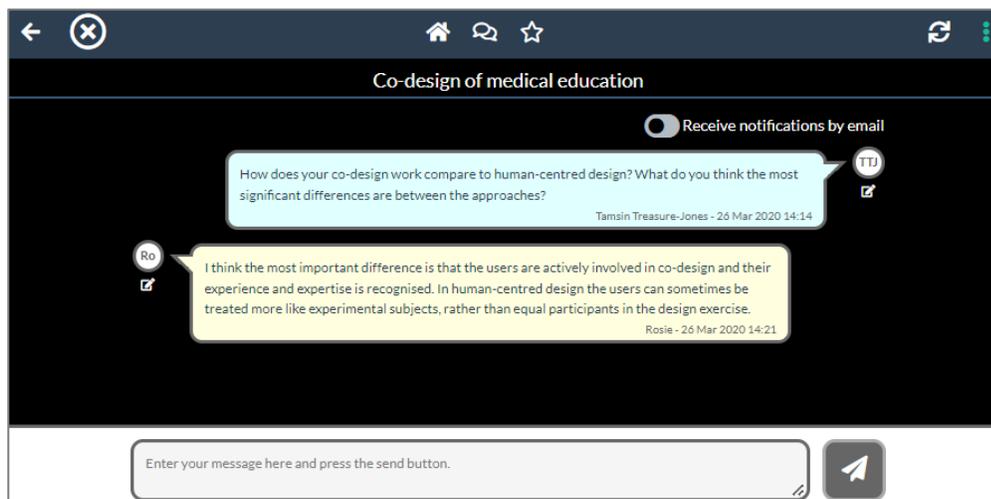


Easy for you to show and share your ePoster wherever you are.

# Connecting with your viewers at any time

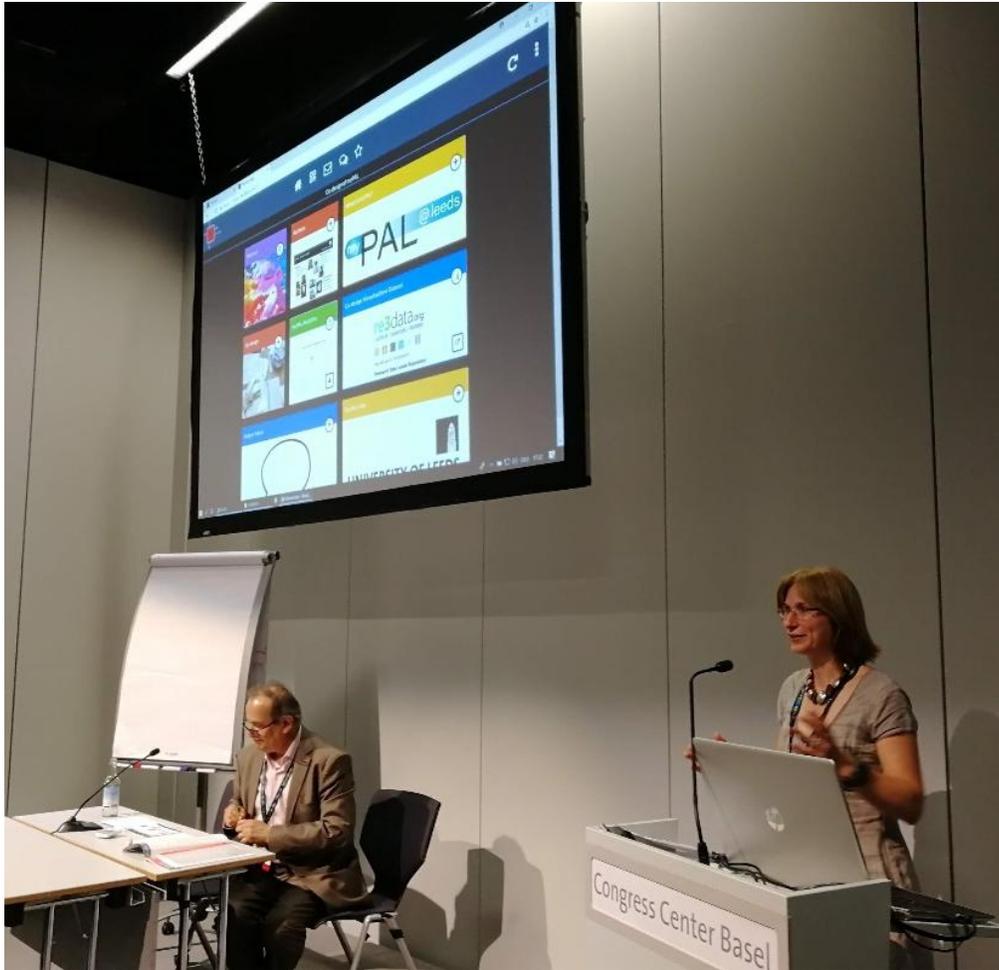


Your ePoster has its own chat channel.



Viewers of your ePoster will be able to view and engage with this text chat and get notifications of new messages.

# Some AMEE ePosters will be presented live



Some AMEE ePosters will also be presented live onsite at the conference.

AMEE will have told authors if their ePoster was accepted for live presentation.

If you are presenting live then you will have 3 minutes to present and 2 minutes for questions. More information will be sent closer to the conference.

# All ICFDHP ePosters will be presented live



All the ICFDHP ePosters will be presented live onsite at the conference.

You will have 3 minutes to present and 2 minutes for questions. More information will be sent closer to the conference.

# Creating your ePoster

# Activating your invite link & creating your account

Dear Tamsin Treasure-Jones,

**Congratulations on having your ePoster accepted for Conference!**

*Your ePoster title*

Conference is using a new and interactive approach to the posters, based around the use of the Learning Toolbox platform.

Learning Toolbox allows you to create and arrange a collection of material (we call it a Stack) that can be used to present and share your work. At the simplest level you can just add a presentation to your Stack, but the platform allows you to do much more.

The **first** thing that you need to do is to follow the steps below to activate your invite and set-up your Learning Toolbox author account.

**CLICK ON THIS INVITE LINK: <https://api.ltb.io/join/i+ABLKM> AND THEN**

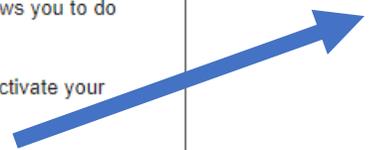
Sign in with your Learning Toolbox account (if you already have one)

OR

Sign in with any of the listed social media accounts

OR

Create your own Learning Toolbox account. Click on "I don't have a Learning Toolbox account" and follow the instructions. You will be sent a validation email within a few minutes (check your spam or junk folder if you do not receive it)



LEARNING TOOLBOX

Home Stacks Create Stack Support Sign in

## You've been invited to join a Learning Toolbox domain

If you already have a Learning Toolbox account, please login using one of the options below.

[I don't have a Learning Toolbox account](#)

### Login to your Account

Email

Password

[Forgot your password? Create an account](#)

[Sign in](#) [Cancel](#)

Or...

- [Sign in with Google](#)
- [Sign in with Microsoft](#)
- [Sign in with Facebook](#)
- [Sign in with Layers](#)
- [Sign in with LinkedIn](#)
- [Sign in with Apple](#)



LEARNING TOOLBOX

Home Stacks Create Stack Support Sign in

## Congratulations!

### You are now a member of the domain

Your role is: **Event Author.**

# Creating your ePoster/stack

**Sign in** to Learning Toolbox using the account you created.



The screenshot shows the Learning Toolbox website homepage. The navigation bar at the top includes links for Home, Stacks, Create Stack, and Support, along with a 'Sign in' button with a right-pointing arrow, which is circled in orange. The main content area features a 'Welcome to Learning Toolbox' heading, a brief description of the platform, and two main sections: 'Events and Conferences' and 'Education and Training'. Each section includes a circular collage of images and a short paragraph describing its use. At the bottom, there is a definition for 'stack' and its synonyms.

**LEARNING TOOLBOX**

Home Stacks Create Stack Support **Sign in**

## Welcome to Learning Toolbox

Learning Toolbox (LTB) is a software platform that allows people to quickly and easily build their own stacks of interactive and multimedia material and share them with others. LTB is being used in two main contexts:

### Events and Conferences

as an ePoster platform and also as a way for speakers and attendees to easily share their work and build connections.

### Education and Training

as a tool to support work-based learning (project and portfolio work) and as a way of easily sharing learning resources with others.

**stack** (stāk) n.  
1. An orderly collection of multimedia and interactive resources, especially one arranged in layers and responsive to mobile devices. Synonyms: ePoster, ePresentation, Research Calling Card, Learning Resource.

<https://my.ltb.io>

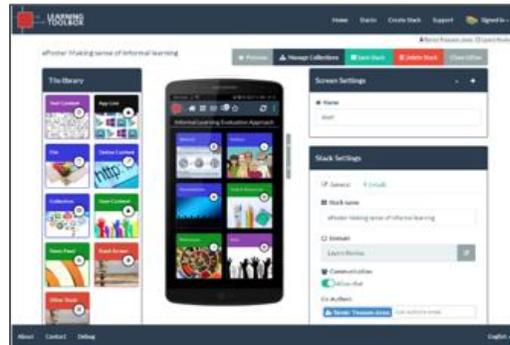
# Key steps

Consider what content (presentations, videos, weblinks, documents) you have which presents and explains your work well. Gather that content together ready to include in your ePoster/stack.



1

**Click on your invite link and create your account**



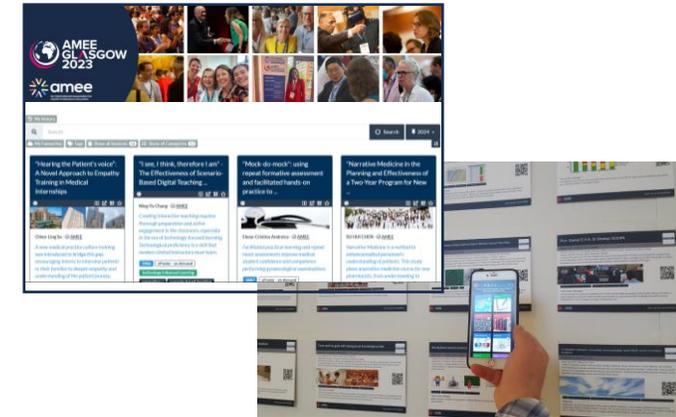
2

**Sign-in to [my.ltb.io](https://my.ltb.io) and create your ePoster stack**



3

**Preview and check your ePoster then mark it as ready**



4

**We will publish your ePoster & print your summary poster so that delegates can access it**

Support Available

# Support Page

## LTB SUPPORT PAGE FOR AMEE

If you can't find the answer to your ePoster question below or in the [FAQs](#) then please contact us at [support@stack.services](mailto:support@stack.services)

- + [ePosters at the AMEE Conference](#)
- + [Important Dates & Deadlines for the AMEE ePosters](#)
- + [Webinar for ePoster authors \(10th May\)](#)
- + [AMEE 2024 ePoster Competition](#)

### Creating an ePoster/Stack

- + [Get started in just 3 minutes - Video \(3 minutes\)](#)
- + [How to create an ePoster stack - Demo video \(21 minutes\)](#)
- + [How to create an ePoster stack - Written guide](#)
- + [Advice from Ken Masters \(AMEE TEL Committee\)](#)

### Explore some inspiring ePosters from a range of conferences and events

- + [Explore some great ePosters/Stacks](#)
- + [Take a tour of some wonderful ePosters with the authors](#)

### ePoster Presentations

- + [What is an "ePoster On Demand"?](#)
- + [Presenting your AMEE ePoster](#)

If you have a question that is not about the ePosters then please look at the [AMEE 2024 Conference Page](#).

## Answers to Frequently Asked Questions (FAQs)

You can find answers to more detailed questions on the [FAQ page](#) or by pressing the in-line help button (?) in the interface next to the item that you want to know more about.



Click on Support when you are signed into Learning Toolbox



FAQ help buttons

# Support - inspiration

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Advice from Ken Masters



Showcase of ePosters



Interviews with ePoster authors

# Support – Guides and FAQs

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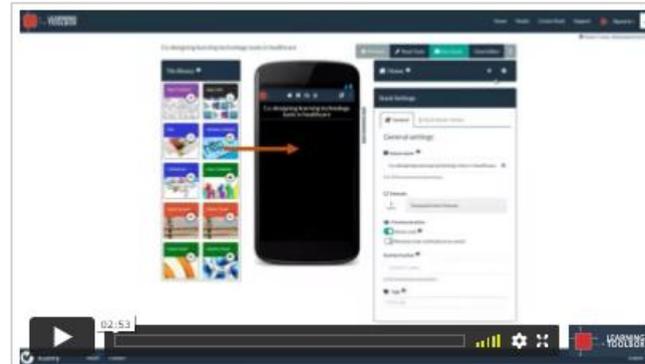
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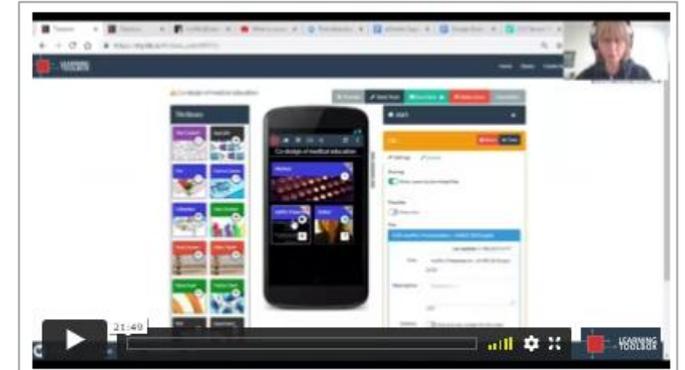
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3 minute introduction to editor



20 minute demo

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Written guide

# Support - email

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[support@stack.services](mailto:support@stack.services)



# Support – tailored emails



This is an opportunity to create a great resource that you can use to showcase your work both at Future Physiology 2020 and beyond. We're really looking forward to seeing what you create!

### Getting Started

Earlier today you should have received an invitation email from Learning Toolbox. **Please click on the invitation link in that email** as soon as possible. If you did not get that email then please check your spam/junk/clutter email folders in case it has been filed in there. If you are presenting multiple ePosters then you will have received multiple invitation emails. You should click on and follow the link in each email to activate that invite.

**If you will not be creating the ePoster/Stack yourself** for an accepted abstract then please forward that invitation email and this welcome email onto your co-author who will be making the ePoster/Stack. Please also ask your co-author to email us (support@stack.services) so that we can add them to this support mailing list.



### Webinar recording now online

Thank you to everyone who took part in the ePosters @ AMEE 2019 webinar on 6th June. It was great to meet you all!

The recording of the webinar and a copy of the presentation used is now available on the [ePosters support page](#).

The webinar covers the same topics as questions 1-3 on the support page, as well as introducing the important dates for AMEE. You can also find the **important dates** listed on the support page.

Please remember that you need to set up a Learning Toolbox account by clicking on the invite link in the welcome email you were sent, before you start to make your own ePoster.

We hope you find the webinar and other support videos useful and enjoy creating your own ePosters. Please do contact us if you have any questions.

### ePosters beyond the Showcase

Thank you to everyone for creating such great ePosters for the [Dentistry Academy of Distinguished Educators Showcase 2020](#). We were very impressed by your creative designs and we hope you will continue to use your ePosters to share and discuss your work after the conference.

#### Your ePoster beyond the conference

You can continue to use your ePoster after the conference to give others a rich overview of your work. You can even edit and update it, if the discussions at the conference led to new ideas for what to include. Alternatively if you do not want your ePoster to be viewable after the Showcase then you can simply change the access permissions and make it private again.

You might find these FAQ answers helpful:

- [How do I favourite my ePoster in the app for easy access](#)
- [How can I share my ePoster - face to face](#)
- [How can I share my ePoster - from my computer](#)
- [How can I download my mini-poster for printing](#)
- [How can I change access permissions on my ePoster](#)

If you have any questions for us about this or any other aspect of continuing to use your ePosters then do email us at support@stack.services

We hope you enjoyed creating and exploring the ePosters.

## Providing regular guidance & reminders

# ePoster support – onsite help desk



Onsite support for authors & delegates

# Early optional date for AMEE competition entry

## AMEE ePoster Competition Entry

- **10<sup>th</sup> July**

Complete your ePoster stack and mark as ready if you want to enter the **AMEE** ePoster competition

- Ready for printing
- Ready to publish

# AMEE ePoster Competition

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You can find more information about the AMEE ePoster Competition on the Support Page

# Deadline date

- **1<sup>st</sup> August**

**Final deadline for everyone.** Complete your ePoster and mark it as ready

- Ready for printing
- Ready to publish

# How to check your ePoster

This stack is private

## Co-design of medical education

Private



myPAL Project - [Kubify LTB Example Showcase](#)  
16 May 2023

The myPAL project is working with students & tutors to co-design different views (visualisations) onto their learning data, which will help them to reflect on & manage their learning.

11 Session 3 Co-design

Student ePosters technology

---

Share Stack

Share on Twitter

Copy link

Or use the QR code:



<https://api.ltb.io/show/BUYWX>



## Preview ePoster

Preview Edit Private Stack Tools

### Mini-poster

Generate Stack Poster

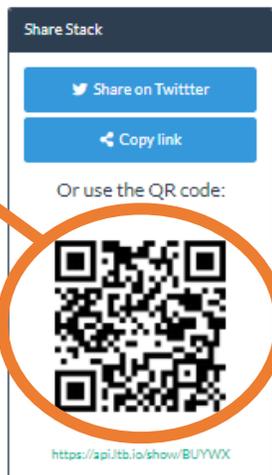
### Event Participation

Example ePoster Showcase Event Poster 11 [Linked](#)

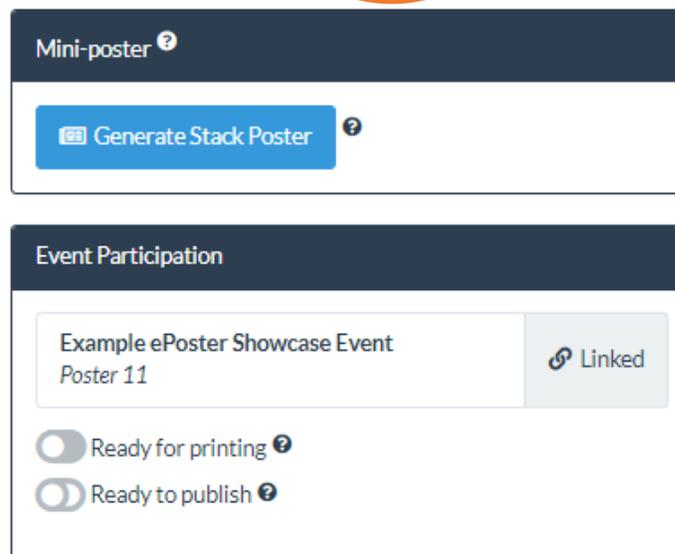
Ready for printing

Ready to publish

# How to check your ePoster – mobile view on your phone



2. Scan QR code with your phone



1. Switch the privacy settings to Public and Hidden

# How to check your summary poster

This stack is private

## Co-design of medical education

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myPAL Project - Kubify LTB Example Showcase

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Preview Edit Private Stack Tools

## Mini-poster

Generate Stack Poster

## Event Participation

Example ePoster Showcase Event Poster 11 Linked

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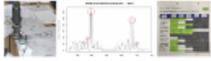
Check summary poster

# How to mark your ePoster as ready

This stack is private

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Private



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16 May 2023

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Preview Edit Private Stack Tools

### Mini-poster

Generate Stack Poster

### Event Participation

Example ePoster Showcase Event Poster 11 Linked

Ready for printing

Ready to publish

Mark as ready for printing and ready to publish

# What we covered today

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- Creating an ePoster stack
- Further support available
- Deadline dates
- **Any more questions?**